Youth Commission Minutes January 28, 2010

<u>Attending:</u> June David-Fors, Lori Mott, Sylvia Pabreza, Sandy Scott, Becca Haberman, Gretchen Bean, Joan Clementi. Also attending was Student Liaisons Holly Bissett, Ellen Yang, Christina Doucette and Suhayla Islam.

A motion to open the meeting was made by Joan Clementi and seconded by Sandy Scott.

<u>Approval of Minutes:</u> There were no minutes at our last meeting in December as there was not a quorum.

Next Meeting: Our next meeting will be held Thursday February 25, 2010 at 7:00 p.m.

<u>Introductions:</u> Introductions were made around the table as we have a new board member, Gretchen Bean and 3 new youth liaisons.

Director's Report:

- Town Annual Report regarding NFYS was distributed.
- June is formalizing procedure via a letter requesting clients to pay a monthly fee based on what they can afford for counseling services.
- \$25,000 Basic Health Needs Grant was awarded from Metrowest Community Health Foundation. The grant will address the current waitlist for counseling services by expanding our clinical capacity by 12 hours per week. A clinical consultant was hired through the grant to provide the counseling.
- Considering options to 'get the word out' for the agency and possibly raise awareness and funds.
- 2011 budget level funded at this time but could involve significant cuts.
- Discussion about forming an outreach goal. Board members will speak to local businesses about how organizations can be sponsored. A letter will be drafted to community organizations that fundraise letting them know about our department.
- The board discussed John Halligan's presentation at Melican Middle School regarding bullying.
- Grants:
 - We are applying for the second round of the Childhood Obesity grant, which will be 60K. Some ideas include:
 - Free play at Ellsworth McAfee Park for two hour segments
 - Nutrition and Culinary Arts teacher at the high school is organizing community gardens in the courtyard.
 - 15 community gardens will be planted throughout Northborough

Joan Clementi moved to adjourn meeting at 8:30 p.m. Lori Mott seconded.